



Nepean Knights Minor Lacrosse Association
Annual General Meeting

Thursday, November 21, 2024
7:00pm to 9:00pm
Johnny Leroux Arena
10 Warner-Colpitts Lane, Ottawa, ON



Present: Grace Armstrong, Jill Balcom, Conner Bell, Jen Bradly, Matt Firth, Joanne Green, Sophie Green, Hunter Gibbons, Derek Herfst, Chris Hipwell, Ethan Hipwell, Josh Hornung, Shawna Kealy, Mark Lange, Sandy Mahoney, Tricia McBride, Jen McDonald, Brad McDonald, Kyle McDonald, Marty McFarlane, Adam Mertz, Tanya Mewhinney, Dave O'Neill, Cheryl Scott, Jeff Sweet, Erin Petruska, Tom Warford, Jessica White, Jeff Zywicki

Absent: Phil Kiazzyk, Tyler McDonald, Sheldon Speers

1. Welcome and Call to Order (J White)
2. Land Acknowledgement (J White)
3. Approval of Minutes from the 2023 AGM (J White)
Approved. See 2023 AGM minutes attached as Appendix A.
4. Presentation of Annual Reports of the Directors:
 - 4.1. **Year in a snapshot** (J White)
Will save over 1500 using the new system!
Sportshead. If your child plays minor hockey it's the same platform for minor hockey so as a selling point anything internal ie house league will show on the website, but our competitive teams wont have it because its not zone wide (will be if it becomes zone wide)

Thank you to all our volunteers!
 - 4.2. **Registration Update** (J White)
See Slides for update (Appendix B)
 - 4.3. **Summary of Financials** (J Sweet)
See Appendix C for a detailed financial statement.

Nicole did excellent work, had the financials done in a great way, and set the organization up well.

The Knights are back to where the association was pre-COVID-19. It's been a tumultuous couple of years, but now two years back, we're stronger than ever

financially.

Fees increased as well as the registration numbers increased this year and it was evident in the finances.

We do not know why the OLA fees went down, however it is noted in the budget. Equipment costs increased slightly this past season, however this was due to the -planned jersey renewal process.

Referee costs went up significantly this past season, however the reasons may be easily explained, we had an increase of new referees taking the course, an increase in games due to increased registration, plus we hosted the zone championships which all contributed to this increase in costs.

Non-parent bench costs increased. This item was not in our budget pre-COVID and was added as the association started to pay for non-parent coaches accommodation fees. At this time, the costs were more reasonable, now with the increase of rates at hotels, this line item has increased.

Tournament expenses went down: some of the materials John purchased previous years were reused. Trophies/ medals went up 2k

Although we are sitting at approximately 133k at the moment, we have outstanding items that will need to be addressed (i.e. storage).

133k seems like a lot – but please remember, the NKMLA must prepay for all tournaments which can add up to 65k, plus we have to pay all tournament application fees and for every single team with the OLA in advance which adds another 7-9k. These costs are due in January, prior to registration, so it's necessary to carry a reasonable amount in our account at this time to cover these expenses. The NKMLA should always sit with a surplus in the bank account **after** we pay off the prepaid requirement, which is an estimated 15k (where we're at approximately at the moment).

4.4. **Boys Competitive Program (M Lange)**

It was a great year for the boys competitive program, with an addition of an extra competitive team at the U11 level. Every team participated in provincials, the Cornwall tournament is a great tournament for our kids, all the kids liked it and whoever coached it included a six week practice that was fully enjoyed.

One of our players was on the gold winning team for Team Ontario U15 in Saskatchewan – Congratulations to Jack Petruska and the team on the win! Our U11-1 team was very successful at Provincials (great job Jeff!), as did our U17-3 team. Special thanks to the coaches: Jeff Zywicki and Josh Hornung The NKMLA mentorship program with the JR Cs as well as the Gives Back program (U13 and up) were yet again successful. It's always a proud moment to see our players give back to the next generation, but also fully enjoy the

experience. It's always great to see!

Mentorship program through winter lacrosse – In previous years, players who wanted to give back and help out over the winter just showed up, with no formal schedule or call out conducted, however this year it was a formal process and many of our U15 & U17s were happy to come out and help which is fantastic.

4.5. **Girls Programming (J Green)**

See Presentation Slides for update (Appendix B).

It was a great season! Our girls program is one of the largest growing programs in zone 5.

Sophie Green – on behalf of the board, and the girls program, thank you to Joanne for her many years and countless hours dedicated to the association in her position on the board. Joanne has built the girls program to where it is, and is the reason why many of the volunteers join the girls program to coach, manage etc. Thank you Joanne!!!

Question: Matt Firth

A quick thank you to the NKMLA for all the JR B support this past season!

What do you feel the Knights' level of play is at the moment?

Answer: Jeff Z provided an update, additional information can be obtained from Mark if required.

U17 – Expected to be a strong cohort, anticipated to make the top ten and aim for Final 6

U15 – Is similar and are on the cusp of top ten, they've been very close, so we anticipate them to jump into the A rank

U13 – This cohort is smaller in numbers and a slightly weaker cohort. They are always improving, but they may not make A ranking in the upcoming season

U11 – Similar to the U17s, this cohort is strong (finished 5th overall) and are expected to continue as such in the A ranking

U9 – We had a good turnout at this level, with a full team, some of the majors will be moving up to U11, so unsure of the U9 minors so we'll have to see how they do this upcoming season.

4.6. **House League Review (J Balcom)**

See Presentation Slides for update (Appendix B).

4.7. **Risk & Safety (E Petruska)**

See Presentation Slides for update (Appendix B).

This was a new role with board this year, made with the intention to take some of the work off the President and Vice President, who previously managed all related issues themselves.

Overall we went with the safe sport model which has been implemented by Lacrosse Canada (not yet implemented by the OLA).

Erin is stepping down from the board this year due to work commitments, but would like to thank everyone for the support this year.

4.8. **Administration Director (S Spears)**

See Presentation Slides for update (Appendix B).

4.9. **Logistics (P Kiazzyk)**

See Presentation Slides for update (Appendix B).

4.10. **Equipment (D Herfst)**

See Presentation Slides for update (Appendix B).

During the season much organization work was done at both the storage lockers at Bell and Stittsville. All the old jerseys were disposed of (a few were kept for posterity), but this clean out will help with the reorganization and better storage of our equipment.

During the off season equipment purchasing will be conducted, tallying approximately 30k (reflected in the budget).

Next off season Derek plans to create and implement a goalie equipment update plan.

4.11. **JR C (Chris Hipwell)**

See Presentation Slides for update (Appendix B).

There were many injuries at the start of the season which made it a challenging start but the team worked through it to finish 5th in the regular season (east).

The JR C is always looking for volunteers, so if your interested reach out to Chris. Thank you to the NMKLA members and all the fans who came out to support the JR C team this season!

5. **Presentation of the Terry Burgess Award for Volunteer of the Year (President)**

Members were asked to provide nominations, and the board (who were not nominated) voted, and this years winner of the Terry Burgess Award is **JILL BALCOM!**

6. **NKMLA Board Candidates & Appointment(s) (President/Vice-President)**

There are a number of board members leaving, for many reasons such as busy personal schedules, players aging out, and personal reasons. We want to thank all NKMLA members who volunteer the time on the board.

Members remaining on the board

Equipment Director – Derek Herfst
Coach Mentor – Jeff Zywicki

New members joining the board

Registrar - Jen MacDonald
Competitive Girls Director – Tanya Mewhinney
House League Director – Kyle MacDonald
Administrative Director – Brad MacDonald

Vacant board positions

President – *Interviews with candidates are in progress*
Vice-President – *Interviews with candidates are in progress*
Treasurer
Secretary
Risk and Safety Director
Competitive Boys Director
Logistics Director
Head Referee

Please reach out to the President or Vice President if you have an interest in any of these positions.

7. **Miscellaneous Business**

New NKMLA Webpage

A new, updated website will be launched in the near future. It will include updates for information (i.e. if a game is cancelled it will go on the website, and your app - linked in real time), upcoming events, calendar, social media, sponsors – all will be integrated on the new website.

Brad is aiming to have the new website up live in February 2025.

Sixes - Girls

Hunter successfully pulled together a girls sixes team, in a very short period of time. Hunter found the players, secured the team budget, fields etc.. She put it all together and it was a great group of girls. Thank you to all who participated.

Board Vacancy Process

Question Dave O'Neil

Why is the board not sharing the names of the candidates for the President and Vice President positions, and why do members not get a vote on who is being selected for the positions?

Answer:

Our bylaw has a ratification – this is why the board votes, not the entire membership. Board members are directly involved in the association each season. This allows them to make informed decisions on who may or may not be a good fit to join the board.

All applicants for the board go through a vetting process, via the board, that consists of an application, resume, interview and references. All successful candidates are voted on by the board, and the successful persons name announced at the end of the process. This is how the process has been done for the past few years with zero complaints received.

Due to the large turnover this season on the board, it was necessary to open the President position to members not on the board, due to lack of interest from existing/remaining board members (typically the President position is only eligible to individuals who have already served two, or more years on the board).

Information regarding board meetings was added to the website immediately after a member requested it, and the AGM information, along with input on all vacant positions. This information was shared so that members could attend the AGM and/or submit any questions or concerns prior to the AGM.

If any member has an issue with the process for vacant positions it is suggested they reach out to the President, Vice President, or any of the board members to express their concerns, and it will be brought to the attention of the board at the next regularly schedule meeting. All NKMLA board members are listed on the website, along with their email addresses so any association member may reach out at any time.

Action: The AGM is not the forum for this topic however, the process for filling vacant positions will be added to the next schedule board meeting agenda, so Dave may further express his concerns and discuss an addendum, which if proposed, will be voted upon by the board.

End of meeting

Thank you all for joining us for the 2024 AGM, we look forward to a successful 2025 season!



Attached:

Appendix A – 2023 AGM RoD

Appendix B – 2024 AGM Presentation (slides)

Appendix A

2023 AGM – RoD

	<p>Nepean Knights Minor Lacrosse Association Executive Meeting Thursday, December 15th, 2023 @ 7:00 pm, Johnny Leroux Arena, 10 Warner-Colpitts Lane, Ottawa, ON meet.google.com</p>	
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Welcome and Call to Order - Al Brown, seconded by Nicole Zywicki

Land Acknowledgement - Al Brown

Present at AGM: Jen A, Al Brown, Jill Balcom, Jason Bosomworth, Greg Colden, Hunter Green, Jo-Anne Green, Chris Hipwell, Derek Herfst, Phil Kiazzyk, Mark Lange, Tricia McBride, Tyler McDonald, Paula McNaught, Cheryl Scott, Sheldon Spears, Erin Petruska, Jessica White, Jeff Zywicki, Jon Zywicki, Nicole Zywicki

1. Approval of Minutes from the 2022 AGM (Attachment 1b) – Al Brown

A reading of the 2022 AGM minutes was conducted (Attachment 1a). A majority vote was received on the 2022 Annual General Meeting Minutes, which was accepted and approved.

2. Approval of By-Laws (Attachment 2b) – Al Brown

The proposed, updated bylaws and Articles of Incorporation were shared as part of the 2023 Notice of AGM. A vote was conducted at the 2023 AGM where a majority vote was received on the following;

1. To amend the articles of the Corporation by special resolution to:
 - i. Change the name of the Corporation from The Nepean Minor Lacrosse Association to The Nepean Knights Minor Lacrosse Association;
 - ii. Provide for a minimum and maximum number of directors of the Corporation, having a minimum of Five (5) and a maximum of Fifteen (15);
 - iii. Provide for an amendment to the existing objects of the Corporation;
 - iv. Provide for an amendment to the special provisions contained in the articles of the Corporation; all as more specifically set out in Schedule “A” found in Attachment 2a) and;
2. To repeal the existing By-Law Number 1 of the Corporation and to confirm the new General Operating By-Law No. 1, as adopted by the Directors, as set out in Schedule “B” found in Attachment 2a).

3. Presentation of Annual Report of the Directors

3.1. Overall Review – Al Brown

- The **2023 season** was a very successful box lacrosse season! The NKMLA is the third largest Box Lacrosse Association in Ontario! On all fronts, our program was up and running with our winter development sessions, U5/U7 programming, the U9/U11 “Girls only” program, and a full schedule of house league and competitive play. We even managed to get our amazing Knight’s moms out for our annual lacrosse game.
- The **Winter Lacrosse program** continued to generate excitement and interest for the 2023 season in which the NKMLA ran a 12 week skill development program. This program is in demand, and the registration numbers reflected this. Thanks to Mark Lange and his crew of coaches who put together a great skills experience for our membership.
- With thanks to Jon Zywicki, the Nepean Knights **Capital Showdown** was revived and was a resounding success.
- **U5/U7 program** - Under the direction of Mark Lange, alumni Jacob Gasperetti, Lauren White, parent volunteers, and our “Knights Give Back” program orchestrated by Jess White, our tiniest Knights enjoyed gaining experience and skills while having a blast with our older Knights. This growing program bodes well for our numbers moving into U9. We would like to send our gratitude to Mark, Jacob, Lauren and Jessica for making this program an incredible initiation into Knights lacrosse. Jacob and Lauren’s mentorship and coaching enthusiasm will have a lasting impact on our little

Knights, and may be one of the reasons they continue to play lacrosse. To note, Jacob took a group of little Knights to the U7 Cornwall tournament and won Gold for the NKMLA! Thanks again to Jessica for implementing the give-back initiative. It was great to see our players give back in such meaningful ways in the 2023 season.

3.2. House League Review – Jill Balcom

- The 2023 Boys House league was another great season. There were a total of 186 players in 2023, with a breakdown of:
 - 3 U9 Teams, with approximately 13-14 players per team (up 1 from 2022)
 - 3 U11 Teams, with approximately 13 players per team (down 1 from 2022)
 - 4 U13 Teams, with approximately 13-14 players per team (up 1 from 2022)
 - 4 U15 Teams, with approximately 14-15 players per team (same as 2022)
 - 0 U17 Team – not enough players registered

- Positives of the 2023 season;
 - The new Referee in Charge (RiC) and the new referees. Tyler was very easy to work with and he, along with the new referees handled all issues accordingly.
 - There were many returning coaches from prior years, along with new coaches and team managers all of which added to our successful season.
 - The mandatory Trainers for each team as per OLA was positive and aided on the bench.
 - Mark Lange provided support to all coaches when requested. As a seasoned coach, he was always available and approachable to offer support and knowledge and was a great asset.
 - Sort outs were successful;
 - Turn out for sort outs was great.
 - Having loaner sticks available for players if needed was beneficial.
 - There were many volunteers present to help run drills, along with evaluators.
 - Thanks to Coach Mark Lange who enlisted some of his Carleton University lacrosse players to attend and give back to the sport by assisting with evaluations/drills.
 - Once new teams were formed, new player sticks were handed out to coaches for distribution.
 - Coach Kirk Richard maintained the role of being the head lead/point of contact on directing the evaluators and helping ensure that the volunteers knew how to run each drill and therefore provide a fair evaluation on a scale of 1-10 (no half points).
 - Teams were formed based on evaluation results of the players who turned out for sort outs, Jill then placed players on teams (to note, Jill was not an evaluator during sort outs).
 - We were able to run a hybrid U15-3 team, who played both house league and competitive.
 - Player of the Game discount cards from Kidspire for \$15 off at Lonestar were provided to each team, both in House League, and Competitive.
 - Scheduling of games and practices were consistent and posted in TeamSnap in a timely manner. There were very few changes to the schedule made and when there were changes, appropriate notice was provided.
 - Championship Day was very well scheduled and we had many fans in attendance.
 - Use of Momentos for photo day was successful. As we've experienced in the past, Momentos was friendly and easy to work with

- Challenges in the 2023 season;
 - Interlock with Gloucester at the U11-U15 levels, which resulted in some referees not showing up for scheduled games at the Gloucester arenas.
 - There were short benches at all levels due to other commitments (sports) which resulted in having to bring players up or borrow from another team.
 - Some parents and coaches of hybrid players on U15 teams felt the competitive players were at a higher risk of injury. Note hybrid teams have been historically done when there are enough players to create a 3rd team.
 - There was a low turnout for picture day, which resulted in some teams not being able to receive a team picture which resulted in disappointment for those who did show up.

- Suggestions for 2024;
 - Continue with a main point of contact for house league sort outs on the floor.
 - Implement mandatory coaching clinics for all coaches and assistants.
 - Provide a session with Ref in Charge for coaches and assistants to ask questions pre-season.
 - Ensure during the first few practices, coaches start with teaching players how to check properly as

- well as how to receive a check/hit so players are safely prepared from the start of the season.
- Continue to keep all players involved with the Jr teams and Axemen.
- Continue to find ways to encourage kids to bring a friend to play lacrosse and get the word out about the sport and the Nepean Knights Minor Lacrosse Association.

3.3. Competitive Update – Mark Lange

- **U5/U7 Programming**
 - There were 54 players who played the two hours each Saturday, for 12 weeks of the program.
 - In the 2023 season, we offered free registration for the U5 players.
 - We had volunteers from U13-U22, from both girls and boys competitive programs which worked well.
 - U5/U7 Head Coaches this season were, Mark Lange, Jacob Gasparetti and Lauren White. Lauren was an important part of growing the game for the girls as they all loved working and learning from a female. Many bumped into her in the community and were proud to point out that she was their coach.
 - We had U7 players compete in the Cornwall Small But Mighty Tournament, who as recurring champions won, coached by Jeff Zywicki alongside Jacob Gasparetti.
- **Competitive Program – Boys**
 - The NKMLA provided competitive programming for boys from the age groupings of U9-U17. In 2023, we had multiple teams at three different levels;
 - U13 had two teams
 - U15 had three teams
 - U17 had two teams
 - Our U7 team went to the Cornwall Paperweight Tournament in which they finished in first place, with a record of 3-0.
 - The NKMLA were fortunate to have a number of players represent the Knights on Team Ontario:
 - U13 Boys Field - CJ Lange
 - U17 Boys Box - Ryan Cornell
 - Tournament / Provincial highlights:
 - **U9-Team 1:** Peterborough A/B Tournament Runner-Up, Gloucester B/C Tournament Champion, Zone 5 A/B Champions, A Provincials - Final Ranking 9th in Province.
 - **U11-Team 1:** Milton B/C Tournament Quarterfinalist, Nepean A/B Tournament, Provincial C Quarterfinalist - Final Ranking 31
 - **U13-Team 1:** Brampton A/B Tournament Quarterfinalist, Nepean A/B Tournament Semi-finalist, Zone 5 B Champions, Provincial B Quarterfinalist - Final Ranking 13th in Province
 - **U13-Team 2:** Six Nations C/D Tournament Runner-Up, Gloucester B/C Tournament Semi-finalist, Provincial D Representative - Final Ranking 56th in Province
 - **U15-Team 1:** Peterborough A/B Tournament Runner-Up, Nepean A/B Tournament Champions, A Qualifiers (1-6-2) - Final Ranking 8th in Province
 - **U15-Team 2:** Six Nations C/D Tournament Champion, Centre Wellington C/D Tournament Champions, Gloucester B/C Tournament Runner-Up, Provincial B Representative - Final Ranking 26th in Province (highest ranked U15-2 team in province)
 - **U15-Team 3:** Stayner C/D Tournament Semi-finalist, Midland B/C Tournament Runner-Up, Zone 5 D Champions, Provincial D Representative - Final Ranking 49th in Province (highest ranked U15-3 team in province)
 - **U17-Team 1:** Brampton A/B Tournament Quarterfinalist, Nepean A/B Tournament Semi-finalist, Zone 5 B Champions, Provincial B Quarterfinalist - Final Ranking 13th in Province
 - **U17-Team 2:** Six Nations C/D Tournament Runner-Up, Gloucester B/C Tournament Semi-finalist, Provincial D Representative - Final Ranking 56th in Province
 - Thank you to all the coaches who worked tirelessly this season to help achieve these successes in 2023!

3.4. Girls programming – Jo-Anne Green

- 2023 was another successful girls lacrosse season as we continued to grow the girls side of NKMLA.
- Ashantae ran a U9/U11 girls only program that consisted of 30 girls participating. This was a new and fantastic addition to our girls program and we're hoping this lays a foundation for the girls to continue playing the game.
- Our girls house league program had three U15 teams, who played intersquad games this season (we were not able to play versus Gloucester due to numbers).

- The girls program had three competitive teams in 2023: U15, U17, and U22.
- Competitive tournament results:
 - Kitchener Tournament - U15 came home with Silver medals
 - Whitby Chics with Sticks - U15 and U17 both returned with gold medals
 - Gloucester Tournament - U15 and U22 won Gold medals, and U17 won Silver medals
 - 2023 Provincials - U15 won "A" Silver medals
- We are proud that 2023 resulted in several female Knights representing the NKMLA at the provincial level:
 - U13 Girls Box – McKayla Bell
 - U15 Girls Field Development Team - Kyleigh Payne
 - U15 Girls Box - Kyleigh Payne, Oceane Houlahan
 - U17 Girls Box - Charlize Danks
- For girls competitive one of the most frequent feedback received was to have more females on the benches. We're proud to say that during the 2023 season, there was at least one female on each bench for the girls program! This was not only well received by all, but was a great example for our girls and we hope to keep momentum going and continue to encourage female coaches to participate in the program.
- It was also great to see so many Nepean girls alumni giving back to the association on team benches! You are all such great role models for our girls!
- Many thanks to all the volunteers, managers, and coaches who so willingly offer up their time.

3.5. Registration Update – Jessica White

- 2023 overall registration was 636 in total. This included:
 - 220 youth registered for house league
 - 284 youth registered for competitive
 - 132 volunteers (house league and competitive)
 - 54 youth at the U5/U7 level, along with 58 volunteers from our U15-U17 Boys and Girls competitive level.
- Compared to 2022 registration numbers where we were 3rd in the province with 798 registrations, we saw a decrease of 162 registrations in 2023 with 636 registrants. Nepean still had the 3rd largest registration numbers in 2023 with only Burlington (869) and Peterborough (809) ahead of us. The decrease in registration may be in part due to players aging out, moving out of our catchment and/or leaving lacrosse to play a different spring/summer sport. To note, Burlington and Peterborough are in a slightly better position than we are to expand registration, as they can pull from several different areas, whereas the Knights are limited geographically. Although our numbers decreased, this is our first real season post COVID-19 restrictions which is a consideration. The registrar did have parents reaching out mid-season for information on lacrosse (all were provided the required information and were encouraged to reach out to the KNMLA in the upcoming spring).
- "Give Back" volunteer initiative was well received, and there are plans to continue the program in the 2024 season. All the competitive youth who did participate did so with no reluctance, and fully enjoyed the experience. We look forward to expanding this program going forward.

3.6. Jr. C Update - Chris Hipwell

- 2023 Season Highlights
 - The Junior C team finished the regular season 12-4. This is an accomplishment as it is the furthest they have made it thus far.
 - Finished 2nd in the east, losing in game 5 of the conference final
 - 8-4 in Playoffs, Cornwall, Whitby, North Shore
 - Lowest PIMs in the league
 - 2nd lowest Goals Against in the league.
 - Both goalies were top 5 in the league

- 2023 Player breakdown

Age / Year	Rookie	Returning
2006	6	1
2005	1	6
2004	0	4
2003	1	4
2002	0	0

- In 2023, four players moved to the Junior B program.

- Zero players aged out after the 2023 season.
 - Awards in 2023
 - East Rookie of the Year - Kyle Cameron
 - Bench Staff
 - Most Valuable Goalie - Eastern Conference - Ethan Rogers,
 - OLA Marketing and Promotion Award - Ryan Swanson (Ryan is the youngest person to ever win the award!)
 - New Logo Design in 2023
 - The new Junior C logo was designed by Ryan Swanson. Starting with the original Junior C logos, Ryan had up to 40 different iterations that evolved to the current, new logo.
 - Many compliments and much positive feedback has been received regarding the new logo.
 - Coaching
 - We were lucky enough to have a team of extremely dedicated and talented people on the bench again in 2023. The coaches included;
 - Chris Armstrong
 - Kevin McKeown
 - Kevin Ritchie
 - Chris Murawsky
 - Jeff Sweet
 - Dan Swanson
 - Social Media Growth
 - The Junior C program pushed to expand its social presence in 2023 resulting in; 798,000 impressions on Instagram (up 40%), 198,000 on X (up 6%), and 2.2 Million Giphys (new in 2023)
 - Looking forward (2024):
 - Obtaining sponsors is challenging given the limited number of lacrosse sponsors in Ottawa splitting between ourselves, Jr. B and Axemen and the economic slowdown. Will start a sponsorship drive in the new year.
 - Akwesasne will join the league in 2024, with a new Junior C team. There will likely be changes to the divisions / season and playoff formats to support this new addition.
 - We have a strong volunteer base, but the Junior C team will be looking for the following positions:
 - Booster Club Chairperson
 - PA Announcer / DJ
 - Timekeeper
 - Scorekeeper
 - The Junior C program would like to thank their sponsors:
 - Rhodes and Williams Limited Insurance
 - Durelle Corporation
 - MegaCity Promotions
 - St Mark's Lions Girls Lacrosse
 - B&T MacFarlane
 - Kanata Sports Club
 - Nepean Masters Lacrosse
 - Golie Mohr Ltd
 - Polson Home Renovations

3.7. Presentation of Financials – Nicole Zywicki

- With thanks to everyone, particularly Dan and Paula, we have successfully reviewed and refreshed all our bylaws.
- This season we had an external party (Kelly Huibers McNeeley) review of the NKMLA Statement of Financial Position to determine/confirm that we are compliant with the required corporation regulations in Canada. The process differed from last year.
- We were previously running in a deficit, however with a lot of hard work, we are now in the positive, with a bank account of \$72,000 (if we were to dissolve this is what we'd have in our account). This puts us in a better position than we were previously when in a deficit.

- Statement of operations – first budget at start of year and at year end the budget will be tallied up, to display the in/out revenues.
- Upcoming challenges (financial);
 - Due to the current economic situation, all costs are rising and our fees will have to reflect this. Our costs such as floor time, equipment, City of Ottawa taxes etc are all increasing and we need to adjust fees to accommodate the rising costs.
 - At the first board meeting in the upcoming season, this needs to be reviewed, identify where we can streamline so we can spread out the increase in fees so the increases are done evenly, over a few years.
 - Nicole has included Notes to the Financial Statement (Attachment 3a, page 7) within the financials that include proposed plans based on known rates (equipment, storage etc plans for rise in fees and where we need to prioritise spending).
- Jeff Sweet – was the NKMLA Treasurer for many years and we want to take this opportunity to thank him for all his hard work, time and dedication to the association in this role. Thank you Jeff!
- Nicole has assumed this role, and has jumped into it full heartedly. Thank you so much for taking on this enormous task Nicole! Nicole is reorganizing the financials and taking the time to share her knowledge and experience with the board.
- Two votes are presently required. 1) To approve the Special Resolution To Approve the 2023 Financial Statements (Attachment 3b) and, 2) To approve the Resolution to Approve the 2024 Financial Accountant for the upcoming year financial review (Attachment 3c):
 1. A majority vote was received on the 2023 Special Resolution To Approve the 2023 Financial Statements (Attachment 3b), which was accepted and approved.
 2. A majority vote was received on the Resolution to Approve the 2024 Financial Accountant for the upcoming year financial review (Attachment 3c), which was accepted and approved.

4. Presentation of the Terry Burgess Award for Volunteer of the Year – Jessica White

- Due to COVID-19, the recent, previous winners may not be well known and we feel its important to share that the previous three winners were Cathy, Jessica White and Krista Swanson.
- This years winner is Mark Lange!!! Congratulations Mark, your dedication to the NKMLA has not gone unnoticed and we can not thank you enough for what you bring to the association!

Mark is an important piece of our Knights Family and we are lucky to have him!

5. Announcement of Successful at-large board candidates – Al Brown

- The majority vote was received, that the following members, who put forward their willingness to act Voting Directors of the Association for the 2024 Season and is hereby appointed as directors-at-large (and will be appointed into specific board positions at the first Board of Directors Meeting to be held in January 2024):

President - Al Brown (Attachment 4a)

Vice-President - Jon Zywicki & Jessica White (Attachment 4b)

Treasurer - Nicole Zywicki (Attachment 4b)

Secretary - Cheryl Scott (Attachment 4b)

Registrar - Jess White (Attachment 4b)

Risk & Safety Director - Erin Petruska (Attachment 4b)

Referee in Charge (RIC) - Tyler McDonald (Attachment 4b)

Legal Advisor - Dan Leduc (Attachment 4b)

Competitive Director, Boys - Mark Lange (Attachment 4b)

Competitive Director, Girls - Jo-Anne Green (Attachment 4b)

House League Director - Jill Balcom (Attachment 4b)

Administrative Director - No Specific Interest

Logistics Director - No Specific Interest

Director-At Large - Sheldon Speers, Phil Kiazzyk, Derek Herfst, Jeff Zywicki (Attachment 4b)

6. Miscellaneous Business

No additional business was brought forward at this time.

Appendix B 2024 AGM Presentation

Unclassified / Non classifié

2024 Knights AGM

Season Summary



AGENDA

- Welcome & Call to Order
- Land Acknowledgement
 - We acknowledge that our meeting is taking place on unceded and unsundered Algonquin territory. We thank the Algonquin nation for hosting us and recognize their enduring presence on this land*
- Approval of Minutes from 2024 AGM
- Presentation of Annual Report of the Directors
 - Year in a Snapshot (J White/J Balcom)
 - House League Review (J Balcom)
 - Registration Update (J White)
 - Risk & Safety (E Petruska)
 - Summary of Financials (J Sweet)
 - Administration Director (S Spears)
 - Competitive Update (M Lange)
 - Logistics (P Kiazuk)
 - Girls programming (J Green)
 - Equipment (D Herfst)
 - Junior C Update (J White)
- Presentation of the Terry Burgess Award for Volunteer of the Year
- NKMLA Board Candidates & Appointments
- Miscellaneous Business



Reading of Minutes* from 2023 AGM

(Attachment A)



Presentation of Annual Reports



Overall Review – Jessica White, Interim President

- Before I start I want to give a huge thank you to Al Brown, Nicole Zywicki and Jon Zywicki. They worked tirelessly on having Nepean Knights be ONCA compliant a year before we needed to be. Because of their hard work and dedication we are ahead of the game and we were the only complaint team in Zone 5.
- We started the year off with a bang, having many of our families returning and even bringing new families with them. This year we surpassed our previous registration numbers in 2023 - 504 and in 2024 - 689
- Winter Lacrosse - This program continued to generate excitement and interest for the 2024 season. Nepean was able to run a 10 week skill development program. This is a much in demand program and registration reflected this! Thanks to Mark Lange and his crew of coaches who put together a great skills experience for our membership! We were able to help high school aged players receive some volunteer hours for supporting this incredible program.



Overall Review - continued

- Nepean Knights Capital Showdown - Thanks to the tireless efforts and leadership of Jon Zywicki, this tournament was a resounding success. We are still hearing about the amazing Jibbitz that were provided to players as take away gifts.
- We were able to again run a successful U5/U7 program to 78 'mini Knights' alongside our successful 'give back' program where we have players from U15-U22 volunteer and come coach some of our littlest players.
- With the support of Jeff Zywicki gathering coaches, we were able to provide a space for 88 children to come and try lacrosse at the Beckwith Sports complex.



Overall Review - continued

- Our house league program continued to provide a recreational experience for many. I will let Jill and Jo-Anne speak to their respective programs.
- On the competitive side, the NKMLA ran programming for boys from U9 through to U17 and Junior "C". The girls competitive program continued to show extremely well in both tournament and provincial playdowns. We had girl's teams compete in U15, U17, and U22. We continued to be the largest and most successful competitive program in Zone 5. We hope to be able to offer a boys U22 program in 2025.



Overall Review - continued

- Our Junior "C" team again had a very successful regular season and deep run to the East Finals! In only a few short years of existence, this program is making a positive name for itself as one of the best run franchises in the OJCLL! Well done Chris, Krista, and your entire bench staff, players, and volunteer crew! They are always looking for sponsors to help alleviate the cost of travel, please reach out to our Jr. C program at jrc@knightslacrosse.ca
- Tyler MacDonald our Referee -in-Charge - such a remarkable job scheduling and mentoring our officials again this year. Thank you for showing our officials how to handle yourself and interact with others under stressful circumstances.



Overall Review - continued

- We will be upgrading our website with an integrated app for the 2025 season. We will be going with Sportsheadz, which is a local (Zone 5) business that is gaining steam in many minor sports. The pricing between Sportsheadz and TeamSnap was significant, by switching to Sportsheadz we will be providing a streamlined website, with integrated team 'pages' and an app which is intuitive to changes made on the website regarding scheduling, tournaments etc. This will result in a savings of over \$1,500 compared to TeamSnap.
- THANK YOU to each and every person who played for Nepean, supported a Nepean player or were one of our 153 volunteers for the 2024 season. We wouldn't be able to run successful programming each year without the support of everyone in the association and in the lacrosse community at large.



Registration update - J White

Our overall registration was 831, this included:

- 153 volunteers at both HL and Rep
- 78 kids at the U5/U7 level with 60 volunteers from our U15-U17 Boys and Girls competitive level.
- 88 registered at 'Come Try Lacrosse'
- 34 registered at the house level for girls programming
- 86 registered at the competitive level for girls programming
- 211 registered at the house level for boys programming
- 181 registered at the competitive level for boys programming.



Summary of Financials – J Sweet

Income Statement 01/11/2023 to 31/10/2024

Revenues	2024	2023	Variance	Notes
Registration Revenue	158,345	145,497	12,848	1
Competitive Team Recoveries	62,565	41,046	21,519	2
Nepean Tournament Revenue	19,550	12,812	6,738	3
Competitive Try-Out Fees	3,534	3,260	274	
Sponsorship Revenue	1,069	1,000	69	
Miscellaneous Revenue	1,053	903	150	
Other Revenue	811	1,140	(329)	
Total Revenues	246,927	205,658	41,269	



Summary of Financials – J Sweet

Expenses	2024	2023	Variance	Notes
Floor Time	43,446	43,608	(162)	
OLA Fees	32,895	38,387	(5,492)	4
Equipment	15,932	13,613	2,319	5
Referees	14,976	8,908	6,068	6
Coaching & Clinics	6,999	5,376	1,623	7
Administrative & Office Expenses	9,160	6,413	2,747	8
Non-parent Bench Costs	14,999	9,369	5,630	9
Credit Card Processing Costs	7,577	5,274	2,303	10
Tournament Expenses	43,446	43,608	(162)	



Summary of Financials – J Sweet

Expenses	2024	2023	Variance	Notes
Winter Lacrosse	4,682	3,593	1,089	12
Timekeepers	3,107	2,266	841	
Trophies & Medals	3,091	890	2,201	13
Insurance	2,220	2,158	62	
Sponsorships	1,500	4,901	(3,401)	14
Other Expenses	1,458	0	1,458	15
Amortization	1,237	1,237	0	
Bank Charges	376	278	98	
Competitive Clothing	0	14,759	(14,759)	



Summary of Financials – J Sweet

Expenses	2024	2023	Variance	Notes
Storage Facility	0	2,724	2,724	16
Zone 5 Fees, Fines, & Expenses	0	1,798	1,798	16
Total Expenses	168,426	175,538	175,538	16
Net Income (Loss)	78,501	30,120	48,381	



Summary of Financials – J Sweet

Assets	2024		2023	
Current Assets				
Peloton Transactions Account	23,031			
CIBC - 9348018	110,452		58,046	
Total Cash		133,483		58,046
Other Receivables	0		1,900	
Total Receivables		0		1,900
Prepaid Expenses		0		3,799
Total Current Assets		133,483		61,745



Summary of Financials – J Sweet

	2024	2023
Property and Equipment	9,896	11,133
TOTAL ASSET	143,379	72,878
LIABILITY		
Current Liabilities		
Accounts Payable	0	0
Total Current Liabilities	0	0
TOTAL LIABILITY	0	0



Summary of Financials – J Sweet

EQUITY	2024	2023
Owners Equity		
Retained Earnings - Previous Year	72,878	42,758
Current Earnings	78,501	30,120
Total Owners Equity	151,379	72,878
TOTAL EQUITY	151,379	72,878
LIABILITIES AND EQUITY		
	151,379	72,878



Summary of Financials – J Sweet

Statement of Cash Flows as of 31/10/2024		
Cash Provided By (Used in)	2024	2023
Operating Activities		
Net revenue (expenses)	70,501	30,120
Item not affecting cash: Amortization	1,237	1,237
Net change in non-cash working capital items:		
Accounts Receivable	1,900	10,700
Prepaid Expenses	3,799	(3,799)
	77,437	38,258



Summary of Financials – J Sweet

	2024	2023
Investing Activities		
Purchase of property and equipment	0	(12,370)
Net Change in Cash	77,437	25,888
Cash - Beginning Of Year	56,046	30,258
Cash - End Of Year	133,483	56,046



Notes to Financial Statements

Summary of Financials – J Sweet

1. Registration Revenue: is comprised of Winter Lacrosse and Spring/Summer Lacrosse, less all refunds issued. Registration Revenue was up 9% yoy, and the \$12,848 difference is attributable to the increase in registration numbers yoy.
2. Competitive Team Recoveries: As has been done in past years, the 2024 Competitive Team Recoveries are recorded net of tournament registration fees, as these fees are reimbursed directly by the Competitive Teams. Competitive Team Recoveries increased yoy due to the Association having more Competitive boys and girls teams, and the collection of outstanding competitive teams fees from last year.
3. Nepean Tournament Revenue: As has been done in past years, the 2024 Nepean Tournament revenue is being recorded before expenses, as associated tournament expenses are being recorded in their relevant expense categories. The 2024 Nepean Tournament Revenue increased given the increase in the tournament registration cost and number of participating out of town teams.
4. OLA Fees: OLA Fees were down 14% yoy. The exact reason of the decrease yoy is unknown.
5. Equipment Expense: Equipment expenses were up 17% yoy, primarily due to the purchase of U15, U17, U17G, and U22G jerseys.
6. Referee Expenses: Referee Expenses increased 68% yoy, given the increase in the number games scheduled, and increase in the number training/certification costs for many of the Association's Level 2 & 3 referees.
7. Coaching & Clinic Expenses: Coaching and Clinic expenses increased 30% yoy due to the increase in the number of coaches requiring certification and the increase in the cost for the certification courses.
8. Administrative and Office Expenses: Administrative and Office expenses increased yoy primarily due to OLA AGM, OLA SAGM, and 'GameSheetBilling' costs increasing.



Notes to Financial Statements

Summary of Financials – J Sweet

1. Non-parent Bench Costs: Non-parent Bench costs increased 60% yoy, primarily due to the increase in out-of-town hotel costs.
2. Credit Card Processing Costs: Credit Card Processing costs increased 44% yoy, due to the OLA's Peloton Technologies webservice increasing their per player processing fees yoy.
3. Tournament Expenses: Tournament expenses were down yoy, based on not having to purchase as much last year, having come-out of COVID and no tournaments throughout 2020,2021,&2022.
4. Winter Lacrosse Expenses: Winter lacrosse expenses were up 30% due to the increase in field/floortime costs at the BellSensplex.
5. Trophies & Medals: Trophies & medals expenses were up yoy, given the increase in costs and number of items required to be purchased.
6. Sponsorship Expense: Sponsorship Expense was down 69%, as the Association only sponsored the Jr.B club and not the Jr.C and Axemen programs, as they have in the past.
7. Other Expenses: Other expenses for FY 2024 was for the purchase of slightly used, but still in good condition, goalie gear from one of our existing members; to be used within the Association going forward.
8. Competitive Clothing, Storage Facility, and Zone 5 Fees/Fines/Expenses: These line items incurred no costs within fy2024, and there will likely be these items going forward.



Boys Competitive Program – M Lange

The NKMLA provided competitive programming for boys from the age groupings of U9 - U17. Furthermore, at 4 different levels we had multiple teams. U9 (1), U11 (2), U13 (2), U15 (2), U17 (3). Furthermore, we also sent a U7 team to the Cornwall Paperweight Tournament .

The NKMLA were fortunate to have one player represent the Knights on Team Ontario:

U15 Boys Box - Jack Petruska (Gold Medalist)



Boys Competitive Program - continued

A listing of the 2024 Nepean Knights competitive teams tournament and provincial highlights:

U9, Team 1 - Peterborough A/B Tournament, Orangeville A/B Tournament, Zone 5 B/C Champions, Provincial B Representative - Final Ranking 24th in Province.
U11, Team 1 - Peterborough A/B Tournament Runner -Up, Orangeville A/B Tournament Quarter -Finalist, Nepean A/B Tournament Semi -Finalist, Provincial A Semifinalist - Final Ranking 5th
U11, Team 2 - Stayner C/D Tournament Participant, Gloucester B/C Tournament Participant, Nepean A/B Tournament Semi-Finalist, Provincial D Representative - Final Ranking 52nd
U13, Team 1 - Peterborough A/B Tournament Quarterfinalist, Nepean A/B Tournament Participant, West Durham B/C Tournament Participant, Zone 5 B Champions, Provincial B Representative - Final Ranking 21st in Province
U13, Team 2 - Orillia C/D Tournament Participant, Provincial D Representative - Final Ranking 59th in Province
U15, Team 1 - Peterborough A/B Tournament Quarterfinalists, Nepean A/B Tournament Runner -Up, Provincial B Quarter Finalist - Final Ranking 13th in Province
U15, Team 2 - Gloucester B/C Tournament Participant, Newmarket C/D Tournament Participant, Stayner C/D Tournament Semi-Finalist, Provincial B Representative - Final Ranking 49th in Province
U17, Team 1 - Peterborough A/B Tournament Participant, Orangeville A/B Tournament Participant, Nepean A/B Tournament Runner -Up, Provincial B Participant - Final Ranking 23rd
U17, Team 2 - Milton B/C Tournament Runner -Up, Gloucester B/C Tournament Participant, West Durham B/C Participant, Provincial C Semifinalist - Final Ranking 34th in Province
U17, Team 3 - Stayner C/D Tournament Participant, Midland B/C Participant, Zone 5 D Champions, Provincial D Runner Up - Final Ranking 44th in Province



Girls Programming – Jo-Anne Green

2024 was another successful girls lacrosse season! We continue to grow the girls side of NKMLA. We had over 150 girls registered to play this season. Many thanks to all the volunteers, managers, and coaches who so willingly offer up their time.

We ran a very successful Girls Knight Out at the start of the season.

This season we ran a U9/U11 skills and drills, U13 House League - 2 teams, U15/17 House League - 3 Teams

We ran a U13, U15, U17 and U22 competitive teams.

A big thank you to the house league refs who were patient and gave the girls the opportunity to learn and grow the game.



Girls Programming - continued

There were three competitive teams: U15, U17, and U22

Tournament results:

- * Kitchener Tournament - U17 and U22 - silver medalists
- * Whitby Chics with Sticks - U22 came home with gold - with all 4 Nepean Knights Girls Teams in attendance
- * Gloucester Tournament - U22 - silver

U15 Zone 5 Champions



Girls Programming - continued

In addition, we had several Nepean players represent the NKMLA at the Provincial Team level. Congrats to the following girls:

- U15 Girls Box - Oceane Houlahan
- U17 Girls Box - Charlie Danks
- U22 Girls Box - Alyssa Perrault

It was also great to see so many Nepean girls alumni giving back to the association on team benches! You are all such great role models for our girls! This year we were successful in staffing each competitive team with at least one female.



Boys House League Review -Jill Balcom

The Highlights:

- 3 U9 Teams(same as in 2023)
- 3 U11 Teams(same as in 2023)
- 4 U13 Teams (same as in 2023), made the teams with a larger roster to account for missing players due to spring hockey
- 3 U15 Teams(down from 2023)
- 0 U17 Teams as there weren't enough players registered

Positives:

- New refs along with new Ref In Charge; Tyler McDonald. Tyler was yet again easy to work with for any issues
- Many returning coaches from prior years along with new coaches. Numerous coaches came with a background of some level with lacrosse knowledge
- Trainers were mandatory again for each team as per OLA



Boys House League Review - continued

- Sort outs were run differently this year. It was implemented that all players(new and returning) from U9 -15 had to attend a mandatory hitting clinic. The feedback on this was positive and this will be something that will continue going forward.
- As part of the sort outs we also ran Skills and Drills sessions for all players. The purpose of this was to provide some basic skills for players and help coaches/assistants with some drill ideas once their teams were made;
- Returning coach Kirk Richard and RIC Tyler MacDonald maintained the role of being the main leaders of the majority of these sessions along with the help of our coach mentor Jeff Zywicki;
- Teams were made differently this year. They were based off left and right handed players;
- We opened up friend requests at the U9 level in hopes to increase numbers;
- New player sticks were handed out slightly different this season. Based on availability at time of the first skills and drills clinics sticks were provided to new players(any player who has never been registered with NKMLA). If we ran out of sticks at the clinic, then the sticks were provided to the coaches with each players name on them;



Boys House League Review - continued

- Our new Scheduler;Debbie, did an amazing job with scheduling of games and practices and posted in TeamSnap;
- Few changes to the schedule were made and accurate notice was provided;
- New this season, was that there were regular season games scheduled on the weekend. This was helpful for scheduling refs and time keepers;
- New this year, was the return of Zone 5 Fun Day. NKMLA hosted players at the U13 & U15 levels; and
- Championship Day was a success and having the added slush time helped.

Negatives:

- Some short benches due to other commitments;
- Misunderstanding with house league players who were also affiliate players with the rep teams;
- Zone 5 Fun Day, too many games played in one day which resulted in players not being able to play in all their games due to being exhausted;
- Low turnout for picture day which resulted in teams not being able to receive team a picture;



Boys House League Review - continued

Suggestions for 2025:

- Continue with a mandatory hitting clinics and run skills & drills along with it, only offer two tress sessions at each level;
- Continue with the mandatory coaching clinic for all bench staff;
- Provide a session with Ref in Charge/Sr. Ref for coaches and assistants to ask questions;
- Offer a parent/guardian session(s) with Ref in Charge/Sr. Ref to provide knowledge of the game and what the most common calls/penalties are;
- Ensure coaches run their practices with 1015mins focused on how to hit and how to receive a hit;
- Instead of AP players, run hybrid team(s) at team2 and/or team3 depending on numbers needed to fill out the rep roster;
- Offer 'Bring a Friend to Practice' session where coaches will run their practice on teaching the basics of the game(no hitting); and
- Continue to keep all players involved with the Jr teams and Axemen;



Risk and Safety Summary – E Petruska

Key Accomplishments

- **Volunteer Requirements Policy:** Refined to ensure clarity and compliance.
- **Conduct Management Policy:** Revised to promote a positive and respectful environment.
- **Player Medical Forms:** Updated for improved accuracy and accessibility.
- **Trainer Resources:** Enhanced tools and guidelines for effective injury management.
- **Emergency Action Plan:** Standardized and updated template for stronger emergency responses.

Thank You

Acknowledging the support of volunteers, trainers, and board members in creating a safer environment for our lacrosse community.



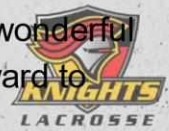
Administration Director – S Speers

- New webmaster recruited: Welcome Brad MacDonald
- General update to website, including policy documents and parent information
- Relaunched Knights Webstore - more product selection, faster fulfillment
- Strong social media presence on:
 - Facebook
 - Instagram
 - X (formerly Twitter)
- Averaging 1200 touch points per month in off season - 3 x during season
 - Photo and Video content drive the majority of engagement



Logistics Summary – P Kiazzyk

- Got our new scheduler, (Debbie), head timekeeper (Caleb) and worked closely equipment. Attended the zone scheduling meeting
- Of notes is to the importance of being prepared and bring both the scheduler and house director.
 - Also if you want interzone games you need to prepared for that in March.
 - One small miss with timekeepers on the zone championship but that worked well
- Ensured competitive polos and shorts were ordered
- House interlock fun days which was a great initiative
- Should consider going back to getting t shirts at comp tryouts as it was a miss on marketing opportunities.
- Also , we should rethink photo days as that took away from timing of games .
- Finally thank you to all as this is my last year on the board. It has been a wonderful experience and honour to serve for the last 12 years. I hope and look forward to watching the Nepean knights grow and thrive for years fo come



Equipment Review – D Herfst

- New jerseys purchased for U15, U17, U17G, U22G programs with plans to purchase jerseys for remaining competitive programs in the off season.
- All goalie gear borrowed during the season has been professionally washed and inventoried.
- Storage unit at Bell Arena has been cleaned out to provide better storage for jerseys and other equipment.



KNIGHTS JR.C



2024 REVIEW



SEASON HIGHLIGHTS

- Finished the regular season 5th in the East with a record of 8 - 8
- Won the 1st Round of the playoffs vs North Shore and 2nd Round vs Cornwall both in 5 games
- Lost the Peterborough in the Eastern Conference Finals and gave them their only loss of the year
- Award Finalists:
 - Most Sportsmanlike Player - Michael Murawsky
 - Most valuable Defensive Player East - Gabe Hennin
 - Gabe took home the award

  KNIGHTSJRC



  KNIGHTSJRC



COACHING FEEDBACK

We were lucky enough to have a team of extremely dedicated and talented people on the bench again this year.

Coaches:
Kevin McKeown
Kevin Ritchie
Chris Murawsky
Dan Swanson

Trainers:
Michelle Hipwell
Krista Swanson





CONGRATS TO OUR AWARD WINNERS!

GABE HENNIN, MOST VALUABLE DEFENSIVE
PLAYER - EASTERN CONFERENCE



  **KNIGHTSJRC**



LOOKING FORWARD TO 2025

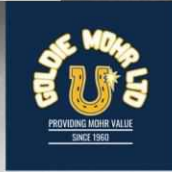
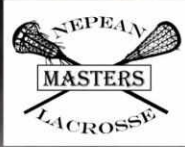
- We have 3 new teams joining the league for the 2025 Season, Kahnawake, Scarborough, and West Gray

Volunteers make our season possible, please follow us on Socials for upcoming call outs for positions to be filled

  **KNIGHTSJRC**



Thank you to our 2024 Sponsors



Presentation of Terry Burgess Award Presented by Jess White

Volunteer of the Year



NKMLA Board Candidates & Appointments - Presented by Jess White



New Business & Close of AGM



Appendix C

Nepean Knights Minor Lacrosse Association Income Statement 01/11/2023 to 31/10/2024

	2024	2023	Variance	Notes
Revenues				
Registration Revenue				
Competitive Team Recoveries				
Nepean Tournament Revenue				
Competitive Try-Out Fees				
Sponsorship Revenue				
Miscellaneous Revenue				
Other Revenue				
Total Revenues				
	158,345			
	62,565			
	19,550			
	3,534			
	1,069			
	1,053			
	811			
	<u>246,927</u>			
	145,497			
	41,046			
	12,812			
	3,260			
	1,000			
	903			
	1,140			
	<u>205,658</u>			
	12,848			
	21,519			
	6,738			
	274			
	69			
	150			
	(329)			
	<u>41,269</u>			
	1			
	2			
	3			

4
5
6
7
8
9
10
11
12

Expenses

Floor Time
OLA Fees
Equipment
Referees
Coaching & Clinics
Administrative & Office Expenses
Non-parent Bench Costs
Credit Card Processing Costs
Tournament Expenses
Winter Lacrosse
Timekeepers
Trophies & Medals
Insurance
Sponsorships
Other Expenses
Amortization
Bank Charges
Competitive Clothing
Storage Facility
Zone 5 Fees, Fines, & Expenses
Total Expenses

43,446
32,895
15,932
14,976
6,999
9,160
14,999
7,577
4,771
4,682
3,107

3,091

2,220

1,500

1,458

1,237

376

0

0

0

168,426

43,608

38,387

13,613

8,908

5,376

6,413

9,369

5,274

9,986

3,593

2,266

890

2,158

4,901

0

1,237

278

14,759

2,724

1,798

175,538

(162)

(5,492)

2,319

6,068

1,623

2,747

5,630

2,303

(5,215)

1,089

841

2,201

62

(3,401)

1,458

0

98
(14,759)
(2,724)
(1,798)
(7,112)

13

14

15

16

16

16

Net Income (Loss)

78,501

30,120

48,381

Nepean Knights Minor Lacrosse Association

Statement of Financial Position as at 31/10/2024

2024

Assets

Current Assets

Peloton Transactions Account	23,031		
CIBC - 9348018	<u>110,452</u>		
Total Cash	133,483		
Other Receivables	<u>0</u>		
Total Receivables	0		
Prepaid Expenses	0		
Total Current Assets	133,483		

56,046

56,046

1,900

1,900

3,799

61,745

Property and Equipment	9,896		11,133
TOTAL ASSET	<u>143,379</u>		<u>72,878</u>

LIABILITY

Current Liabilities

Accounts Payable

Total Current Liabilities

0

0

0

0

TOTAL LIABILITY	<u>0</u>		<u>0</u>
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EQUITY

Owners Equity

Retained Earnings - Previous Year

Current Earnings

Total Owners Equity

72,878

78,501

151,379

42,758

30,120

72,878

TOTAL EQUITY

151,379

72,878

LIABILITIES AND EQUITY

151,379

72,878

**Nepean Knights Minor Lacrosse Association
Statement of Cash Flows as at 31/10/2024**

2024

Cash Provided By (Used in)

Operating Activities

Net revenue (expenses)	70,501
Item not affecting cash: Amortization	1,237
Net change in non-cash working capital items:	
Accounts Receivable	1,900
Prepaid Expenses	3,799
	77,437

30,120

1,237

10,700

(3,799)

38,258

Investing Activities

Purchase of property and equipment	0
------------------------------------	---

(12,370)

Net Change in Cash 77,437

25,888

Cash - Beginning Of Year 56,046

30,158

Cash - End Of Year

133,483

56,046

Nepean Knights Minor Lacrosse Association Notes to Financial Statements

1. Registration Revenue: is comprised of Winter Lacrosse and Spring/Summer Lacrosse, less all refunds issued. Registration Revenue was up 9% yoy, and the \$12,848 difference is attributable to the increase in registration numbers yoy.
2. Competitive Team Recoveries: As has been done in past years, the 2024 Competitive Team Recoveries are recorded net of tournament registration fees, as these fees are reimbursed directly by the Competitive Teams. Competitive Team Recoveries increased yoy due to the Association having more Competitive boys and girls teams, and the collection of outstanding competitive teams fees from last year.
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5. Equipment Expense: Equipment expenses were up 17% yoy, primarily due to the purchase of U15, U17, U17G, and U22G jerseys.
6. Referee Expenses: Referee Expenses increased 68% yoy, given the increase in the number games scheduled, and increase in the number training/certification costs for many of the Association's Level 2 & 3 referees.
7. Coaching & Clinic Expenses: Coaching and Clinic expenses increased 30% you due to the increase in the number of coaches requiring certification and the increase in the cost for the certification courses.
8. Administrative and Office Expenses: Administrative and Office expenses increased yoy primarily due to OLA AGM, OLA SAGM, and 'GameSheetBilling' costs increasing.
9. Non-parent Bench Costs: Non-parent Bench costs increased 60% you, primarily due to the increase in out-of-town hotel costs.
10. Credit Card Processing Costs: Credit Card Processing costs increased 44% yoy, due to the OLA's Peloton Technologies webservice increasing their per player processing fees yoy.
11. Tournament Expenses: Tournament expenses were down yoy, based on not having to purchase as much last year, having come-out of COVID and no tournaments throughout 2020,2021,&2022.
12. Winter Lacrosse Expenses: Winter lacrosse expenses were up 30% due to the increase in field/floortime costs at the BellSensplex.
13. Trophies & Medals: Trophies & medals expenses were up yoy, given the increase in costs and number of items required to be purchased.
14. Sponsorship Expense: Sponsorship Expense was down 69%, as the Association only sponsored the Jr.B club and not the Jr.C and Axemen programs, as they have in the past.
15. Other Expenses: Other expenses for fy2024 was for the purchase of slightly used, but still in good condition, goalie gear from one of our existing members; to be used within the Association going forward.
16. Competitive Clothing, Storage Facility, and Zone 5 Fees/Fines/Expenses: These line items incurred no costs within fy2024, and there will likely be these items going forward